



CULTURE
CONSORTIUM
SHROPSHIRE



Development Session 1: Sensory Practice and Intensive Interaction

Lead by Rachel Liggitt and Ray Jacobs
Shropshire Inclusive Dance



Getting **Hearts** Beating Faster

Shropshire, Telford & Wrekin Active Partnership

20 participants
14 Culture Consortium Shropshire Members
6 'All In' Providers



Aims of the day:

Using dance based techniques:

- To enable Practitioner participants to get a better understanding of sensory practice
- To enable Practitioner participants to gain a better understanding of Intensive Interaction
- To give opportunities for practical exploration of sensory practice
- To begin discussions about application of techniques within own practice



Feedback from participants. What have you learned today?



Allow time to explore and enjoy what you are doing without judgement.

Respect repetition and pause

Take time. Let children and young people lead

To allow for pauses and playful exploration

Let the participant be the leader

Less is more

Feedback from participants. What have you learned today?



Importance in seeing it from the child's perspective.
Getting down to their level and letting them lead.

Give time for each activity



What will you add to your practice from today?

More openness. Keeping it simple and fun. More movement!

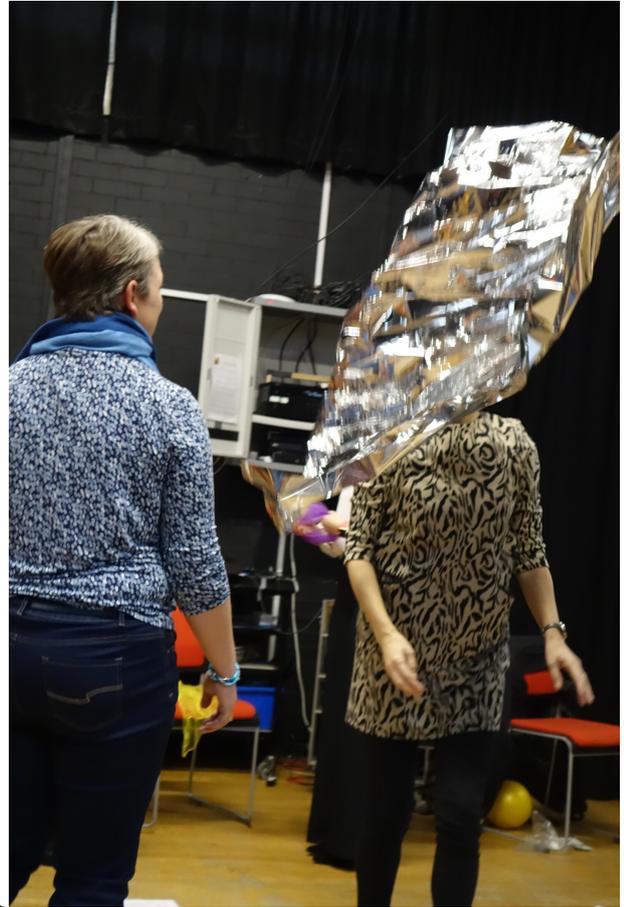
Be more fun and enjoy it!

Move more! More time for play

Free form sensory elements

Be more playful. Drop my expectations

Doing less but achieving more



Feedback about the session:

80% of participants said the workshop exceeded their expectations
20% met their expectations

Really fun and engaging in unexpected ways, Rachel was brilliant and I loved the dancing. Gave me lots of ideas for working with people

I was hoping to feel more confident and come away with some practical tips and skills, which I did.

Really engaging and enthusiastic. Made everything clear and relevant.



This Development day is part of a Partnership Investment Research and Development programme, which has been developed by Culture Consortium Shropshire and The Actio Consortium to increase participatory arts and culture opportunities for children and young people with disabilities living in Shropshire. The learnings from the programme will be able to be shared across other disciplines and engage other sectors to gain best practice information.

The funding has come from Arts Connect and has been matched by a variety of partners including Shropshire Council.

For more information please visit:

www.cultureconsortiumshropshire.com

www.actio.org.uk

**Or contact the Partnership Investment Strategic Lead
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